

# Health Care Funding, Cost-Containment, and Quality

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## *Bending the Cost Curve in Health Care*

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### Pay-for-Performance — What is it?

The explicit use of targeted financial incentives to encourage specific behaviors intended to improve quality of care.

#### *Ontario Preventive Care Bonus Payment Scheme:*

Pap smear	Proportion of FP's <u>rostered</u> female patients aged 35-69 who received a Pap smear for cervical cancer screening during the previous 30 months:	<ul style="list-style-type: none"><li>• 60% of target population: \$220</li><li>• 65% of target population: \$440</li><li>• 70% of target population: \$660</li><li>• 75% of target population: \$1,320</li><li>• 80% of target population: \$2,200</li></ul>
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#### *Ontario Diabetes Management Assessment Fee Code (\$37.00)*

- encourage the regular, comprehensive management of diabetic patients the regular, comprehensive management of diabetic patients
- maintain a diabetes flow sheet that tracked cholesterol, haemoglobin, retinal eye examination, blood pressure, weight, and other parameters relevant to diabetes management
- bill the code up to three times per year per diabetic patient

## Ontario Preventive Care Bonus Scheme (Hurley et al. 2011)

Preventive Service	Baseline Coverage Rate
Senior Flu Shot	0.554
Toddler Immunization	0.543
Pap Smear	0.589
Mammogram	0.646
Colorectal Cancer Screening	0.150

# Pay-for-Performance: Does it Work?

## Ontario Preventive Care Bonus Scheme (Hurley et al. 2011)

Preventive Service	Baseline Coverage Rate	Absolute Increase	Percentage Increase
Senior Flu Shot	0.554	0.028 <sup>□□□</sup>	5.0%
Toddler Immunization	0.543	0.011	2.0%
Pap Smear	0.589	0.041 <sup>□□□</sup>	6.9%
Mammogram	0.646	0.018 <sup>□□□</sup>	2.7%
Colorectal Cancer Screening	0.150	0.085 <sup>□□□</sup>	56.7%

## Ontario Diabetes Management Assessment Fee (Kiran et al. 2012)

- uptake of the code was low (25% of diabetic patients)
- the code was not associated with increased compliance with three evidence-based services (retinal eye exam, HbA.sub.1c and cholesterol measurement)
- the code rewarded those already providing good care while having little or no effect on other physicians

**Systematic Reviews** (Giuffrida et al. 1999; Armour et al. 2001; Town, Kane, and Johnson 2005; Rosenthal and Frank 2006; Christianson et al. 2008; Scott et al. 2011)

Rosenthal and Frank (2006): “. . . *the empirical foundations of pay for performance in health care are rather weak.*”

Christianson et al. 2007: *the evidence is not sufficient to inform the effective design and implementation of pay-for-performance*

Scott (2011): “. . . *there is insufficient evidence to support or not support the use of financial incentives to improve the quality of primary health care.*”

## Pay-for-Performance: Does it Save Costs?

- Little or no evidence regarding net impact on costs
- Cost-per-unit change in service provision is high
  - windfall gain to all those already meeting targets

- Little evidence to indicate that pay-for-performance is effective in improving quality or controlling costs
- A bit of reflection reveals that, even if effective, it could never serve as the foundation for a concerted, comprehensive initiative to improve system quality
  - only a small share of provider activity can be targeted in this way
  - this approach requires creating a parallel “fee-schedule” of bonus payments linked a dozens of specific actions/diseases

## Funding Matters

- Distinguish the use of targeted financial incentives from funding *per se*
- Funding schemes unavoidably create financial incentives
  - fee-for-service vs. case-based funding vs. capitation vs. global budgets
- Decades of research confirm that these incentives importantly shape provider behavior, system costs and (less well documented) quality
  - increased “prospectiveness” associated with greater cost control and no lower quality
  - alternative payment methods offer differing scope for innovative delivery arrangements and, consequently, non-financial initiatives to improve quality

## Directions in Funding Reform

- increased prospectiveness of funding with link to quality (but not necessarily specific actions)
- increase funding linkages across primary, secondary, and institutional care
- joint design of funding models and delivery models

### Some Examples

- *Bundled Payment Models*
  - Episode-based payment that integrate payment for hospital and non-hospital services
- *“Shared Savings” Models*
  - FFS but providers eligible for share of savings if costs stay below target level and the providers meet quality targets.
  - Integrated with Accountable Care Organizations (ACOs) and versions of Medical Homes

## Directions for Canada

- Funding reform is an important part of reforms to improve quality and control costs, BUT it only one part of coordinated set of policies
- Move toward blended payment models for primary care
  - practices funded by a mix of capitation, FFS, programmatic funding
- Build a foundation for better linking funding across physician, hospital and other sectors
  - bundled payments?
  - gainsharing?
- Virtue in simplicity and transparency

Thank You