



EDI DISCUSSION SERIES

Breaking the Stigma: Building a Supportive Workplace for Mental Health

In these uncertain times, it's more important than ever for organizations to ensure they have a solid plan and support systems in place to help employees who are facing professional barriers due to mental health. Join us at the next EDI Discussion where we will explore how employers and employees can collaborate to create a mentally healthy work environment. Throughout the discussion we'll hear from leading experts, individuals with lived experience, and those who have successfully implemented mental health strategies in their organizations and will focus on the importance of addressing mental health challenges and the negative impact of untreated issues. Join the discussion and gain practical insights on fostering a culture of support and ensuring an inclusive workplace for all.

Moderated by **Dr. Daniel Dickson**, Assistant Professor, JSGS, & **Dr. Akram Mahani**, Assistant Professor, JSGS, this event will feature commentary from:

- **Dr. R. Nicholas Carleton**, Department of Psychology, Faculty of Arts, University of Regina
- **Andrew Love**, RSW, Executive Director, Pine Lodge Addiction Recovery

Creating a diverse, inclusive and equitable public sector—where all employees feel represented, respected, and supported—is necessary to support the needs of Canada's changing demographics. This EDI Discussion Series explores how governments can actively work to support marginalized communities and break down system barriers.

April 16, 2025
12:00 - 1:30 p.m. (CST-SK)
Delivered over Zoom.

The EDI Discussion Series is proudly supported by the Max Bell Foundation.

Register online at:

schoolofpublicpolicy.sk.ca



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