



JOHNSON  
SHOYAMA



## ►► 2016-17 INTERNATIONAL STUDENT HANDBOOK

JOHNSON SHOYAMA GRADUATE SCHOOL OF PUBLIC POLICY

**UNIVERSITY OF REGINA | UNIVERSITY OF SASKATCHEWAN**



## HELPFUL TIPS FOR INTERNATIONAL STUDENTS

As a new student at the Johnson Shoyama Graduate School (JSGS), you may experience difficulty in getting used to a new culture, new language, and a new home. JSGS can support you to be more successful in your transition.

### Tips:

1. Get involved with the JSGS International Student Society: the society is comprised of new students, current students and alumni. Their goal is to assist new international student to make a seamless transition. This can include answering questions, giving direction, suggestions and developing friendships.
2. Join the conversation: Both the U of S and U of R provide support to international students who speak English as a subsequent language. This support can come in the form of workshops, conversation clubs, English coaching and advising. At the U of R, visit UR International for more information and at the U of S visit the International Student and Study Abroad Centre.
3. Meet with an academic advisor: The academic advisor can assist you in choosing classes and planning your academic schedule. At the U of R the academic advisor is John Bird, john.bird@uregina.ca; 306-585-5469. At the U of S the graduate advisor is Amy Hassett, amy.hassett@usask.ca; 306-966-1675.
4. Meet with the Student Experience Officer (SEO): The SEO can provide you with information about the experiential opportunities available outside the classroom and help you plan for them. Both U of S and U of R can contact Trent Blezy, trent.blezy@uregina.ca; 306-585-5468.
5. Get to know the Canadian Academic System; All students have responsibilities and rights when they are studying at a university. Get to know these including the rules on plagiarism.
6. Know the rules regarding your visa/permit: This includes the number of classes needed each semester, permissible work hours, travel and extensions/renewal. The UR International and the International Student and Study Abroad Centre can assist you.
7. Get to know your professors and faculty staff: you are encouraged to participate in class, ask questions, challenge ideas and ask question. Getting to know your professors and staff is important in your success as a student.
8. Get involved: There are many opportunities to get involved and to network with other students and with public servants. Some are; JSGS Student Association, Policy Shop, Wine and Cheese Reception, Tansley Lecture, volunteer at events, attend events like workshops, seminars and lectures.

## ABOUT THE JOHNSON SHOYAMA GRADUATE SCHOOL

The Johnson Shoyama Graduate School of Public Policy (JSGS) believes in immersing students in experiential learning to apply the academic knowledge learned in course work, to develop new skills and new ways of thinking which will assist them in transitioning into the workforce.

At JSGS we offer students both field-based experiences (internships, competitions, workshops) and classroom-based (case studies, presentations, group work) experiential learning. Below are some of the field-based experiential learning JSGS offers students.

### Annual JSGS Student workshops:

- Case Competition Training Seminar: Tips on how to analyze a case, prepare a presentation and write a briefing note. Usually held in October.
- Interviewing Skills Workshop: Human Resources, New Professional and Management panels cover from application to interview to starting the job. Usually in November.
- Internship Info Session: Provide details about the internship and the application process. Usually held in December.
- The Art of Interviewing Workshop: details how to answer behavioural interview questions and provides further details on the internship interviews. Usually held in February.
- Creating an Effective Poster: tips and guidelines to create a visually appealing poster. Usually March.

### Annual JSGS Experiential Learning Events:

- Get Connected: Orientation and chance to meet fellow classmates, faculty and staff. Held in September.
- JSGS Policy Case Competition: Opportunity to analyze a case study in a team and present and write a briefing note. Usually in November
- National Student Paper Competition: Opportunity to submit paper regarding innovative ways to improve public sector. Deadline usually in January.
- JSGS-SA Wine & Cheese: Opportunity to network with fellow students, faculty, staff, public servants from Federal, Provincial and Municipal Government. Usually in February.
- Poster Competition and Tansley Lecture: Opportunity to showcase and present research and to network with fellow students, faculty, staff, public servants from Federal, Provincial and Municipal Government. Held in April.

In addition to the above annual events, JSGS also offers public lectures and additional student workshops and lectures as opportunities arise.

For more information on events, watch your email and the JSGS Upcoming Events Calendar on the website.



## USEFUL LINKS AT THE **UNIVERSITY OF REGINA** CAMPUS

- [Library](#): One-on-one instruction in using library resources, Help desk and workshops for developing research and referencing skills
- [Student Success Centre](#): Writing, math, stats support, and general student success, online workshops, computer skills
- [UR International](#): Visa/Permit questions, Global Learning Centre (english coaching, conversation club) Student Services (Life skills advising, banking, health)
- [Tuition/Scholarships](#)
- [Courses/Schedule](#)
- [Textbooks](#)
- [Student ID](#)
- [Fitness Centre](#)
- [Student Care Health and Dental Plan](#)
- [Student health 101](#)
- [Faculty of Graduate Studies and Research](#)
- [Graduate Student Association](#)
- [Student Union](#)

### Living on campus:

- [Food Services](#)
- [Residences](#)
- [Parking/Car Share/Bike Rentals](#)





## CITY OF REGINA



Regina is the capital of Saskatchewan and the 16th largest city in Canada with a population of 194,971 (Source: Statistics Canada, 2006).

Regina is located in the south central area of the province. The city covers an area of 118.4 sq km. It is in the middle of the Prairie Provinces with Alberta to the west, and Manitoba to the east.

Regina is the sunniest capital city in Canada. Summer temperatures average 23 degrees Celsius or 73 degrees Fahrenheit. Winter temperatures average -11 degrees Celsius or 12 degrees Fahrenheit. Winter weather lasts from about mid-November to early March.

### Useful Links and Services:

- [Transit Services](#)
- [Regina Qu'Appelle Health Region](#): Find a doctor, medical clinics, hospitals, flu shots
- [Regina Downtown](#): Dining Guide, map, events, arts and culture, history
- [Tourism Regina](#): Dining, events
- Football/[Saskatchewan RoughRiders](#): Schedule, tickets, stats, Rider Store
- Hockey/[Regina Pats](#): Schedule, tickets, stats, merchandise
- [Wascana Centre](#): Canoe/Kayak rentals, map, events
- [Regina Police](#)



## USEFUL LINKS AT THE **UNIVERSITY OF SASKATCHEWAN** CAMPUS

- [Library](#): Library resources, Help desk and workshops for developing research and referencing skills
- [Student Learning Services](#): Writing, math, study skills, citing, research, and workshops
- [English as a second language](#): Written and Spoken English Workshops
- [International Student and Study Abroad Centre](#): Information on permits/visa
- [PAWS tips](#): PAWS is the University of Saskatchewan's Personalized Access to Web Services.
- [New Student Info](#)
- [Student Health 101](#)
- [Student health and dental plan](#)
- [Dentist](#)
- [Athletics and Recreation](#)
- [U-Pass](#)
- [Student ID](#)
- [TextBooks](#): Your textbook lists will be posted online prior to the start of term. You'll be able to access them in the My Textbooks channel in PAWS or on the U of S Bookstore website
- [Tuition](#)
- [Scholarships](#)
- [College of Graduate Studies and Research](#)
- [Graduate Students' Association](#)
- [Student Union](#)

### Living on campus:

- [Residence](#)
- [Food Services](#)
- [Parking](#)





## CITY OF SASKATOON



Situated on the beautiful banks of the South Saskatchewan River, Saskatoon is centrally located within the province of Saskatchewan.

Saskatoon Shines is not just another city slogan. One of the sunniest cities in the country – with an average of 2,381 hours of sunshine per year – it truly does shine. The city experiences four distinct seasons. In summer, temperatures range as high as 30°C (86°F) on the warmest summer days, while winter can see the temperature dip as low as -30°C (-22°F).

Saskatoon receives an average annual snowfall of 97 centimetres and an average annual rainfall of 265 millimetres. November, December and January tend to be the snowiest months, while May, June and July are the

rainiest. Compared with other Canadian cities, Saskatoon's rainfall rate is quite low.

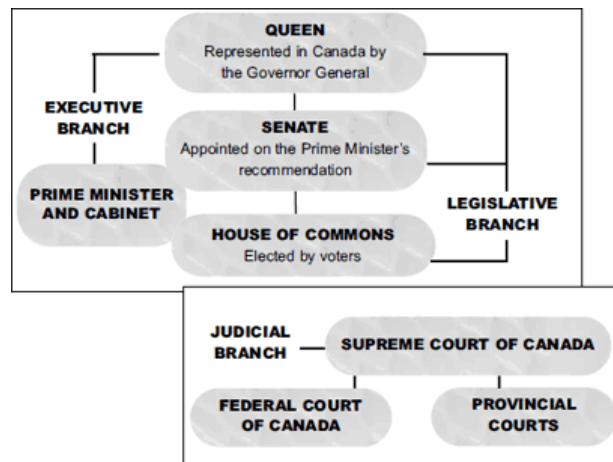
Useful links and services:

- [Saskatoon Transit](#)
- [Saskatoon Health Region](#): Find a doctor, hospitals, medical clinics
- [Saskatoon Downtown](#): Events, dining
- [Tourism Saskatoon](#): Events, festivals, dining
- [Saskatoon Police](#)

## GOVERNMENT OF **CANADA**

Canada's system of government has three branches of Parliament; Governor General, House of Commons and the Senate, that debate laws before they vote on them. The monarch appoints the Governor General as her representative on the advice of the Prime Minister. Governor General appoints the senators to represent regions on the advice of the Prime Minister. The members of the House of Commons, however, are elected by the people to represent them in their ridings, therefore creating a parliamentary democracy.

### CANADA'S PARLIAMENTARY SYSTEM



\*Source: Parliament of Canada <http://www.lop.parl.gc.ca/About/Parliament/GuideToHoC/index-e.htm>





## THE SENATE

The Senate studies, amends and either rejects or approves bills passed by the House of Commons. It can also introduce its own bills, except those to spend public money or impose taxes, which must be introduced in the House of Commons. No bill can become law until it has been passed by the Senate. Senators also study major social, legal and economic issues through their committee work.

One of the duties of the Senate is to represent the interests of Canada's regions, provinces, territories and minority groups. Seats in the Senate are distributed to give each major region of the country equal representation.

### DISTRIBUTION OF SENATE SEATS

Area	Seats
Ontario	24
Quebec	24
Maritimes	24
Nova Scotia	10
New Brunswick	10
Prince Edward Island	4
Western Provinces	24
Manitoba	6
British Columbia	6
Saskatchewan	6
Alberta	6
Additional Representation	9
Newfoundland and Labrador	6
Northwest Territories	1
Yukon	1
Nunavut	1

\*Source: Parliament of Canada <http://www.lop.parl.gc.ca/About/Parliament/GuideToHoC/index-e.htm>

## THE HOUSE OF COMMONS

Many laws in Canada first begin as bills in the House of Commons. In the Commons Chamber, Members devote most of their time to debating and voting on bills. The Chamber is also a place where Members represent constituents' views, discuss national issues and call on the government to explain its actions.

To become a Member of Parliament, you must first run in a federal election, which is held every four years. In each of the country's 338 constituencies, or ridings, the candidate who gets the most votes is elected to the House of Commons, even if he or she gets less than half of the total votes.

Seats in the House of Commons are distributed roughly in proportion to the population of each province and territory. In general, the more people in a province or territory, the more Members it has in the House of Commons. Every province or territory must have at least as many Members in the Commons as it has in the Senate.

### DISTRIBUTION OF HOUSE OF COMMONS SEATS

Area	Seats
Ontario	121
Quebec	78
Nova Scotia	11
New Brunswick	10
Prince Edward Island	4
Manitoba	14
British Columbia	42
Saskatchewan	14
Alberta	34
Newfoundland and Labrador	7
Northwest Territories	1
Yukon	1
Nunavut	4

\*Source: Parliament of Canada: <http://www.lop.parl.gc.ca/About/Parliament/GuideToHoC/index-e.htm>

Learn about government of Canada's structure, priorities, policies and relations with international, provincial and Aboriginal governments:

- <https://www.canada.ca/en/government/system.html>
- <http://www.parl.gc.ca/AboutHowParlWorks.aspx?Language=E>
- <http://www.lop.parl.gc.ca/About/Parliament/GuideToHoC/index-e.htm>

## GOVERNMENT OF SASKATCHEWAN

The provincial cabinet is a decision-making body led by the Premier. The cabinet is also known as the Executive Council and, in Saskatchewan, the Premier is also the President of the Executive Council. Each cabinet minister is appointed by the Premier, and has responsibility for a ministry or portfolio. You [can find more details here](#).

### EXECUTIVE COUNCIL

[Executive Council](#) provides support to the Premier, Cabinet and Cabinet committees. It also develops and advances the government's plan for Saskatchewan and manages how that is implemented across government. Other functions include: coordinating government business in the Legislative Assembly; maintaining all Cabinet documents, orders-in-council and regulations on behalf of the Government of Saskatchewan; providing strategic direction in communications throughout government; administering policies on communications procurement, visual identity and online development; and, the operation

of government's web, mobile and social presence.

### MINISTRIES

A ministry is a government department that is accountable to a minister and led by a deputy minister. They are specialized organizations that focus on various sectors of public service, such as health or education. They may have various government departments, agencies, commissions or other entities that report to them.

[Ministries](#): Advanced Education, Agriculture, Central Services, Economy, Education, Environment, Finance, Government Relations, Health, Highways and Infrastructure, Justice, Labour Relations and Workplace Safety, Parks, Culture and Sport, and Social Services.





## CROWN CORPORATIONS

A [Crown corporation](#) is an enterprise that is owned by the Crown or the Queen in the right of a province. They are established through legislation and report to the government through a minister. [Boards, commissions and agencies](#) are a part of the Government of Saskatchewan. Many of these organizations report through a ministry or directly to a minister. They are specialized and have unique roles within the government.

The [Legislative Assembly of Saskatchewan](#), our province's parliament, plays a vital role in our lives. We are all bound by the laws passed by the members of the Assembly and there is no higher authority that is able to amend a statute. In essence, government power must be exercised through the Legislative Assembly and all laws must be introduced in the Assembly by a member elected by the people.

## USEFUL LINKS

- <https://www.saskatchewan.ca/government/budget-planning-and-reporting>
- <https://www.saskatchewan.ca/>

## INDIAN RESIDENTIAL SCHOOLS

For over 150 years, residential schools operated in Canada. Over 150,000 indigenous children attended these schools. Many never returned. Often underfunded and overcrowded, these schools were used as a tool of assimilation by the Canadian state and churches. Thousands of students suffered physical and sexual abuse. All suffered from loneliness and a longing to be home with their families. The damages inflicted by these schools continue to this day. In 2009, the Truth and Reconciliation Commission of Canada began a multi-year process to listen to Survivors, communities and others affected by the Residential School system.

## TRUTH AND RECONCILIATION COMMISSION OF CANADA

The TRC is a component of the Indian Residential Schools Settlement Agreement. Its mandate is to inform all Canadians about what happened in Indian Residential Schools (IRS). The Commission will document the truth of survivors, families, communities and anyone personally affected by the IRS experience. This includes First Nations, Inuit and Métis former Indian Residential School students, their families, communities, the Churches, former school employees, Government and other Canadians. The TRC released the final report in December 2015 which contains 94 Calls to Action. <http://www.trc.ca/websites/trcinstitution/index.php?p=3>

## NATIONAL CENTRE FOR THE TRUTH AND RECONCILIATION

The National Centre for Truth and Reconciliation (NCTR) was created to preserve the memory of Canada's Residential School system and legacy. Officially opening in the summer of 2015, the NCTR will be the permanent home for all statements, documents, and other materials gathered by the Truth and Reconciliation Commission of Canada (TRC).

## HELPFUL ESL LINKS

### GRAMMAR EXPLANATIONS AND EXERCISES

EnglishPage.Com

- <http://www.englishpage.com>
- Free online English lessons & ESL / EFL resources.
- Great explanations and exercises.

Learning English Grammar Online

- [http://www.englisch-hilfen.de/en/grammar\\_list/alle.htm](http://www.englisch-hilfen.de/en/grammar_list/alle.htm)
- Many grammar exercises and explanations.

The Grammar Corner

- <https://thegrammarcorner.wordpress.com/>
- Lots of grammar practice.

ESL Partyland

- <http://ellresourceideas.weebly.com/esl-partyland.html>

English Grammar Guide

- <http://www.edufind.com/english/grammar>

Exploring English

- <http://www.sharedvisions.com/?sid=1>

English Club

- <https://www.englishclub.com/grammar/index.htm>

Purdue University - Grammar and Mechanics

- <https://owl.english.purdue.edu/owl/resource/678/01/>

University of Victoria - Study Zone

- <http://web2.uvcs.uvic.ca/elc/studyzone/grammar.htm>

UsingEnglish.com

- <http://www.usingenglish.com/quizzes/>

### TIPS FOR WRITING AN EFFECTIVE PARAGRAPH

Dewey's Tips for Paragraph Writing

- <http://homepage.usask.ca/~dul381/common/paragraph.html>
- Gives step-by-step instructions.

### LISTENING LINKS ON THE INTERNET AND FOR PRACTICE

Free Classis Audio Books

- <http://www.freeclassicaudiobooks.com/>
- A great site for listening to stories. There are about 40

different classic stories to choose from.

CNN Student News

- <http://edition.cnn.com/studentnews/>
- Up-to-date CNN Student News
- Here you will find videos, questions, and transcripts.

CNN - California

- <http://literacynet.org/cnnsf/home.html>
- Here's a great site for you to practice your listening on your own. You can watch the video, hear the story, read the story, and there are even quizzes for you to take.

CBC

- <http://www.cbc.ca>
- The Canadian Broadcasting Corporation

CBC - Ideas

- <http://www.cbc.ca/ideas/>
- A one-hour show produced by the CBC radio with lectures/discussions on various current issues.

The National

- <http://www.cbc.ca/national/>
- Evening news on CBC television. Check out the ARCHIVE for lots of videos.

CNN

- <http://www.cnn.com>
- Cable News Network - national and international news stories of the day

NPR

- <http://www.npr.org>
- National Public Radio (USA)
- Many Podcasts/MP3s to choose from

Business Story of the Day

- from National Public Radio
- <http://www.npr.org/sections/business-story-of-the-day/>
- Features three or so interesting stories about business.

Podcast Alley

- <http://www.podcastalley.com/>
- A directory of 100s of podcasts available on the web with a list of the most popular.

E.L. Easton

- <http://eleaston.com/pronunciation/>
- American English Pronunciation Practice



## READING HELP

Saskatoon Public Library

- <http://www.saskatoonlibrary.ca/>

Regina Public Library

- <http://www.reginalibrary.ca/>

You can search the catalogue to find all sorts of books, magazines, videos, and more.

## READING HELP ONLINE NEWSPAPERS AND MAGAZINES

Canadian Geographic

- <http://www.canadiangeographic.ca/>
- A magazine focusing on places in Canada and environmental topics.

Discover

- <http://discovermagazine.com/>
- A popular magazine about science and nature.

Maclean's

- <http://www.macleans.com>
- A popular Canadian news magazine.

National Geographic

- <http://www.nationalgeographic.com/>
- A popular magazine about geography, science, and nature around the world. A great interactive site.

Reading

- <http://www.rong-chang.com/reading.htm>

## GENERAL ESL WEBSITES

Dave's ESL Cafe

- <http://www.daveseslcafe.com>
- This is one of the most famous ESL sites on the Web. There are many things to do and learn!

Rong-Chang Li's Site for English as a Second Language

- <http://www.rong-chang.com/>
- This site has many links providing information about English as a second language, including reading, writing, grammar, pronunciation, etc.



## ADDITIONAL USEFUL LINKS AND INFORMATION

### JOHNSON SHOYAMA GRADUATE SCHOOL OF PUBLIC POLICY

#### [School website](#)

U of R campus:

- [jsgs@uregina.ca](mailto:jsgs@uregina.ca);
- 306-585-4560;
- 110-2 Research Drive

U of S campus:

- [jsgs@usask.ca](mailto:jsgs@usask.ca);
- 306-966-8525;
- Diefenbaker Building, 101 Diefenbaker Place

### BANKS IN CANADA

- [CIBC](#)
- [TD Canada Trust](#)
- [Bank of Montreal \(BMO\)](#)
- [Scotiabank](#)
- [HSBC](#)
- [Royal Bank of Canada \(RBC\)](#)
- [National Bank of Canada](#)

### CELLULAR PHONES

- [SaskTel](#)
- [Rogers](#)
- [Bell](#)
- [Koodo](#)

### GROCERY STORES

- [Safeway](#)
- [Sobeys](#)
- [Save on Foods](#)
- [Superstore](#)

### OTHER INFORMATION

Social Insurance Number:

- [Apply for SIN](#)

Saskatchewan Government Insurance:

- [Driver licensing, car registration, insurance, collision report/claim](#)

Health Services:

- [Health Card, health coverage](#)

- [Tourism Saskatchewan](#)

### IMMIGRATING AND MOVING TO SASKATCHEWAN:

- <http://www.saskatchewan.ca/residents/moving-to-saskatchewan>
- <http://www.cic.gc.ca/english/residents/new-immigrants.asp>
- <http://www.saskatchewan.ca/residents/education-and-learning/international-education/moving-from-outside-canada-to-study-in-saskatchewan> (Moving from outside Canada to study in Saskatchewan)
- <https://www.youtube.com/watch?v=FrOzthoRWko> (Before you arrive in Canada)
- <https://www.youtube.com/watch?v=XSdxRzff01I> (Your first two weeks in Canada)
- <http://www.cic.gc.ca/english/study/study-how-documents.asp> (Documents needed to enter)









## JOHNSON SHOYAMA GRADUATE SCHOOL OF PUBLIC POLICY

### University of Regina Campus

110-2 Research Drive, Innovation Place, Regina SK, Canada, S4S 7H1

Phone: 306-585-5460 Fax: 306-585-5461

Email: [jsgs@uregina.ca](mailto:jsgs@uregina.ca)

### University of Saskatchewan Campus

101 Diefenbaker Place, Saskatoon, SK Canada S7N 5B8

Phone: 306-966-8525 Fax: 306-966-1967

Email: [jsgs@usask.ca](mailto:jsgs@usask.ca)

### Executive Education unit

263-2 Research Drive, Innovation Place, Regina SK, Canada S4S 7H1

Phone: 306-585-4450 Fax: 306-585-5250

Email: [js\\_outreach@uregina.ca](mailto:js_outreach@uregina.ca)

University  
of Regina



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